

What is the NAMI Basics Education Program?

NAMI Basics is a free, 6-session education program for parents, guardians and other family who provide care for youth (age 22 or younger) who are experiencing symptoms of a mental health condition. NAMI Basics is offered in a group setting so you can connect with other people in person. You'll learn the facts about mental health conditions and how best to support your child at home, at school and when they're getting medical care. The course is taught by a trained team with lived experience—they know what you're going through because they've been there. The 6-session program provides strategies for taking care of your child and learning the ropes of recovery.



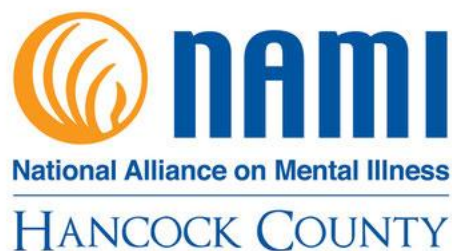
Participant Perspectives

"This is such a great step by step program that walks parents through every step of the way. It is as if you are holding their hand through it all."

"I wish this course was available when my child was first experiencing difficulty."

This class will be held virtually on Tuesdays, 6:00pm – 8:30pm, beginning June 1st.
To register, call (567) 525-3435, email brittany@namihancockcounty.org, or visit our website.

Our mission is promoting mental health in Hancock County to build better lives through education, support, and advocacy.



Contact us to register for this
NAMI Basics class!

NAMI Hancock County
306 N. Blanchard Street
Findlay, Ohio 45840
www.namihancockcounty.org
567-525-3435

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Hancock County is an affiliate of NAMI Ohio. NAMI Hancock County and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.