

What is the NAMI Peer-to-Peer Education Program?

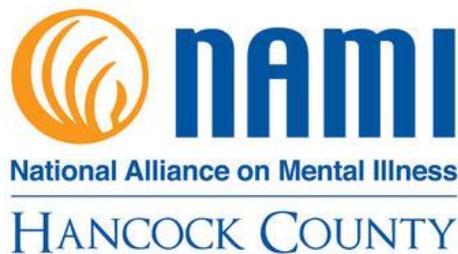
NAMI Peer-to-Peer is a free 8-session education program taught by trained Peer Mentors living in mental health recovery themselves. This free and confidential course for adults living with mental health conditions is designed to encourage growth, healing and recovery among participants. The NAMI Peer-to-Peer education program focuses on learning about the brain and body, growing a support group, communicating with health professionals, community resources and so much more.



“NAMI Peer-to-Peer gave me a better understanding of the mental illness I have and how to manage it.”

Register at namihancockcounty.org or call 567-301-2101

Our mission is promoting mental health in Hancock County to build better lives through education, support, and advocacy.



NAMI Hancock County
305 W Hardin St
Findlay, Ohio 45840
www.namihancockcounty.org
567-301-2101

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization, dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Hancock County is an affiliate of NAMI Ohio. NAMI Hancock County and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy, and support group programs for the people in our community living with mental illness and their loved ones.