

What is the NAMI Family Support Group Program?

NAMI Family Support Groups is a free, confidential, and safe groups of adult family members, partners, friends, and significant others of individuals living with mental health conditions. In NAMI Family Support Groups, families join a caring group of individuals helping one another by utilizing their collective lived experiences and learned wisdom. Family members can achieve a renewed sense of hope for their loved one living with mental health conditions. NAMI Family Support groups are led by trained facilitators who are also family members who know what it is like to have a loved one living with a mental health condition.



Participant Perspectives

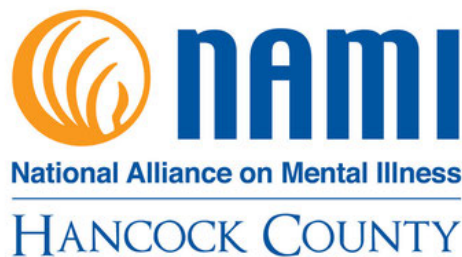
"Before coming to the support group, we had never spoken about mental illness to neighbors, friends and often not even to our relatives."

"NAMI Family Support Group really works, and it makes the group experience even better."

"I just attended my first NAMI Family Support Group and the facilitators, and the group experience was just the kind of support I was seeking at this time."

This group is held the 3rd Wednesday of every month from 6pm-7:30pm

Our mission is improving the quality of lives by promoting mental health, eliminating stigma and providing support and education.



**Contact us to find out more about
NAMI Family Support Group!**

NAMI Hancock County
306 N. Blanchard Street
Findlay, Ohio 45840
www.namihancockcounty.org
567-525-3435

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Hancock County is an affiliate of NAMI Ohio. NAMI Hancock County and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.