

COMPREHENSIVE RESOURCE LIST

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Mental Health and Crisis Services in Hancock County

IN AN EMERGENCY Call or Text 911

NATIONAL SUICIDE & CRISIS LIFELINE – 24/7 Call 988*

*Request a 'CIT Officer' (Officer trained in Crisis De-Escalation)

Textline.....Text 'NAMI' to 988

Chat Line.....988lifeline.org

VETERANS CRISIS LINE – 24/7.....Call 988, then Press 1

Veterans Crisis Text Line.....Text 'HELP' to 838255

Veterans Crisis Chat Line.....VeteransCrisisLine.net/Chat

CRISIS TEXTLINE – 24/7 TEXT "NAMI" to 741741

ER - BLANCHARD VALLEY HOSPITAL 419-423-5206

HANCOCK COUNTY CRISIS HOTLINE 888-936-7116

OPEN ARMS 24-HOUR CRISIS HOTLINE..... 419-422-4766

(Domestic Violence and Rape Crisis Services)

THE TREVOR PROJECT LGBTQ+ CRISIS HOTLINE.....866-488-7386

FINDLAY POLICE DEPARTMENT 419-424-7150

FINDLAY DISPATCHER - POLICE, FIRE, & EMS 419-422-4242

HANCOCK COUNTY SHERIFF 419-424-7097

NAMI HANCOCK COUNTY 567-301-2101

NAMI HelpLine (Mon – Fri, 10am – 10pm)..... 800-950-6264

NAMI TextLine (Mon – Fri, 10am – 10pm).....Text 'HELP' to 62640

NAMI OHIO 24/7 CARELINE.....800-720-9616 or 800-686-2646

SAMHSA – NATIONAL HELPLINE..... 800-662-4357

(Substance Abuse & Mental Health Services Administration)

MEDICATION MANAGEMENT IN THE FINDLAY AREA

Family Resource Center www.frcohio.com/ Adult & Youth Services & Genoa Pharmacy 1941 Carlin St. Findlay, OH 45840 Open Access Hours: M, W, F 9:30 – 11:30AM / T, TH 2:30 – 3:30 PM	419-425-5050 or 419-422-8616
Ohio Guidestone www.ohioguidestone.org 1624 Tiffin Ave., Suite D Findlay, OH 45840	419-422-7800
Path Behavioral Health www.pathihc.com 1621 Tiffin Ave. Findlay, OH 45840	567-525-4100
Psychiatric Center of NW Ohio www.bvhealthsystem.org Dr. Steiner, Dr. Patti, & James Legge 1610 Fostoria Ave. Findlay, OH 45840	419-429-6480
Unison Health www.Unisonhealth.org 1084 South Main St., Ste. A Bowling Green, OH 43402 Open Access Hours: M, T, W, TH 8:30AM – 2PM	419-352-4624

Allen County

Behavioral Access Center at St. Rita's

419-996-5517

Www.mercy.com

770 W. High St. Suite 300, Lima, OH 45801

Services: Adults, Mental Health, Substance Abuse, Inpatient, Psychiatric Hospital

Payment Options: Insurance, Medicare, Medicaid

Lutheran Social Services

419-879-6029

Www.lssnwo.org

658 W. Market St. #201B, Lima, OH 45801

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith Based

Payment Options: Sliding-Fee, Most Insurance, Medicaid

Coleman Health Services

419-229-2222

Www.Colemanservices.org

799 S. Main St., Lima, OH 45804

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient

Payment Options: Insurance and Medicaid, Medicare

Family Resource Center of Northwest Ohio, Inc.

419-222-1168

Www.frcohio.com

530 S. Main St., Lima, OH 45840

Services: Youth (5+), Adults, Families, Mental Health, Outpatient

Payment Options: Most Insurance, Medicaid, Sliding-Fee

Creative Counseling Solutions LLC

419-222-5449

Www.creativecounselingservices.com

2653 West Elm St., Lima, OH 45805

Services: Adults, Youth (6+), Families, Mental Health, Outpatient

Payment Options: Most Insurance, Self-Pay, Medicare

Hermiller Counseling Services

419-847-3392

[Aaron Hermiller - Licensed Professional Clinical Counselor \(LPCC\) | Headway](mailto:Aaron.Hermiller-LicensedProfessionalClinicalCounselor(LPCC)|Headwayadmin@hermillercounseling.com)

admin@hermillercounseling.com

Services: Individuals, Couples, Family, Telehealth

Payment Options: Aetna, Anthem, Carelon Behavioral Health, Cigna and Evernorth, Providence, The Health Plan.

Defiance County

David C. Deal, Ph.D and Associates

419-784-3393

1450 S. Clinton St., Defiance, OH 43512

Services: Adults, Mental Health, Substance Abuse, Outpatient, Telehealth ONLY

Payment Options: Medicare, Most Insurance

Erie County

Firelands Counseling and Recovery

419-557-5177

1925 Hayes Ave, Sandusky, OH 44870

Services: Counseling, Psychiatry, AOD Services

NOMS Counseling Center

419-624-1277

2500 W. Strub Rd. Suite 300, Sandusky, OH 44870

Services: Counseling, Psychiatry

Payment options: Most Insurance, Medicaid, and Medicare

William “Bill” Myers

419-621-8551

1531 First Street. Suite 205

Services: Counseling

Payment options: Private insurance

Family Health Services

419-502-2820

1912 Hayes Ave., Sandusky, OH 44870

Services: Youth, Adults, Medical, and Behavioral Health

Dr. SheaLynne Baus-Psychologist

419-602-3149

105 Wall St., Huron, OH 44839

Services: Adults, Youth, Families, Couples, Assessments, Psychological Testing, Therapy

Hancock County

Bloom Women's Counseling, Consulting, and Wellness, LLC.

419-326-5732

1941 Carlin St Findlay OH 45840

www.bloomwomenscounseling.com

In-person & Telehealth

Services: Women, Teens, LGBTQ+, Mental Health, Trauma, Marital & Relationships, Life Transitions, Grief/Loss, Motherhood, Pregnancy/Postpartum, Post Abortion. EMDR, Brainspotting, DBT, CBT, ACT, Motivational Interviewing, Medication Management.

Payment Options: Most insurances, Medicaid, Sliding Scale

Family Resource Center

419-422-8616

1941 Carlin Street, Findlay OH 45840

www.frcohio.com

In-person & Telehealth

Services: Children, Youth, Adults, Mental Health, Substance Use, Outpatient, Peer Support, Occupational Therapy, Case Managers, Nurses & Genoa Pharmacy on site

Payment Options: Medicare, Medicaid, Insurance, Sliding Fee

Open Access Hours: Mon, Wed, Fri - 9:30-11:30 AM and Tue & Thu - 2:30-3:30 PM

FOCUS: Recovery and Wellness Community

419-423-5071

509 W. Trenton Ave, Findlay OH 45840

www.focusrwc.org

Free Services: Wellness Programs & Peer Support for Adults, Recovery Housing for Men, Women & Families, Mental Health, Substance Use, Trauma

Comprehensive Opioid, Stimulant, and Substance Abuse Program (COSSAP)

Mind Body Health Associates

567-525-3311

124 W. Front St, Findlay, OH 45840

www.minbodyhealthassociates.com

In-person & Telehealth

Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient, EMDR

Payment Options: Medicare, Medicaid, Insurance, Self-Pay

Moving Forward Counseling Services

1655 Tiffin Ave, Findlay, OH 45840

www.Movingforwardcounselingservices.com

In-person & Telehealth

Services: Mental Health, Adults, Children, Teens, Nature-Based Counseling, Marriage, Relationships, EMDR, PTSD, DV, Trauma, Loss, Women's Issues, Christian Counseling

Payment Options: Self-Pay, negotiable.

Dr. KJ Arndt 419-575-4969

Cathryn Parke 419-601-4437 (EMDR)

Ohio Guidestone

419-422-7800

1624 Tiffin Ave, Suite D, Findlay, OH 45840

www.ohioguidestone.org/locations/northwest-ohio/hancock

In-person & Telehealth

Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient

Suboxone/Vivitrol/Sublocade treatments

Payment Options: Medicare, Medicaid, Insurance, Sliding Fee

PATH Behavioral Healthcare

567-525-4100

1621 Tiffin Ave, Findlay, OH 45840

<https://pathihc.com/our-locations/behavioral-health-ohio/findlay-tiffin-avenue/>

In-person & Telehealth

Services: Adults, Youth, Families, Mental Health, Substance Use, Psychiatric Support, Nursing, Case Management, Medication Management & Assessment

Payment Options: Medicare (Only along with Medicaid Part A & B), Medicaid, Private Insurance, Sliding Fee

Pathways Christian Counseling, Inc.

419-423-7812

230 West Sandusky St., Findlay, OH 45840

www.pathwayschristiancounseling.com Open: Monday, Tuesday, Thursday

In-person & Telehealth

Services: Adults, Youth, Families, Mental Health, Outpatient, Faith-based

Payment Options: Medicare, Insurance, Self-pay

ProMedica Physicians Behavioral Health

419-424-2011

1100 East Main Cross, Suite 159, Findlay, OH 45840

www.promedica.org

In-person & Telehealth

Services: Adults, Mental Health, Outpatient

Payment Options: Insurance, Medicare, Medicaid, Self-Pay (No Humana)

Psychiatric Center of NW Ohio - Dr. Brad Bundy, DO; James Legge, CNP

419-429-6480

1610 Fostoria Ave, Findlay, OH 45840

Psychiatric Center of NW Ohio at The Family Center - Dr. Nanveet Patti, Tracy Brubaker NP

1800 North Blanchard St., Suite 108, Findlay, OH 45840

www.bvhealthsystem.org

In-person & Telehealth

Services: Adults, Youth, Families, Mental Health, Outpatient, Group therapy with Robin Brown

Payment Options: Insurance, Medicare, Medicaid

Sophos Wellness Center

Dr. Mary Goebel Komala, Psychologist PhD In-person only
419-889-7807

500 N Main St, Findlay, OH 45840

<https://www.psychologytoday.com/us/therapists/mary-goebel-komala-findlay-oh/787938>

Services: Individuals, Couples, Families, Sexuality, Relationships

Payment Options: Self-pay, reduced fee available

Stepping Stones Counseling Center

419-422-7970

206 W. Lima St, Findlay OH 45840

www.steppingstonesfindlay.com New clients – request appointment by email

In-person & Telehealth

Services: Adults, Youth, Families, Mental Health, Outpatient

Payment Options: Medicare, Medicaid, Insurance, Self-pay

True North Therapy

567-301-2037

1100 E. Main Cross St, Suite 155, Findlay, OH 45840 Riverside Executive Building (faces the street) www.truenorthfindlay.com

New clients – submit online initial assessment Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient

Payment Options: Insurance, Self-Pay, Medicaid (No Medicare)

Via Care Collective

567-208-0040

Face-to-face by Request

Viacarecollective.org

Services: Adults, Youth, Family, and Ministry Counseling, Life Coach. CBT, DBT, TCKs, MKs, Crisis Stabilization, In-person, and Telehealth.

Payment Options: Self-pay and sliding scale

Huron County

Children's Behavioral Health Center - Norwalk

567-560-3587

34 Woodlawn Ave., Norwalk, OH 44857

<https://www.flcps.com/places/childrens-behavioral-health-center-norwalk>

Services: Individual & Family Counseling, Play Therapies, Parenting Classes & Support

Payment options: All forms of insurance

Family Life Counseling – Norwalk

567-743-7199

175 Milan Av., Norwalk, OH 44857

<https://www.flcps.com/places/norwalk-office>

Services: Adults, Children, Counseling, Psychiatric, AOD

Payment options: All forms of insurance

Firelands Counseling and Recovery Services

419-663-3737

Www.Firelands.com

292 Benedict Ave., Norwalk, OH 44857

Services: Adults, Children, Therapy, AOD, Medication Management

Payment options: Most insurance, Medicaid, and Medicare

Hope 419

419-951-2020

3 Stower Lane Suite 2, Norwalk, OH 44857

www.hope419.com/

Services: Psychiatry, Counseling, Holistic, Autism & ADHD testing, Ketamine & TMS therapies

Payment options: Medicaid, Self-pay, No Medicare, Aetna, Anthem, BCBS/Medical Mutual Ohio, Buckeye, Caresource, Cigna, Healthscope, Optima/Ohio Healthy, Optum/United Healthcare/UMR

Family Health Services

419-219-9776

265 Benedict Ave., Norwalk, OH 44857

www.familyhs.org/behavioral-health/

Services: Mental Health, CBT, DBT, Trauma informed care

Payment options: Most insurance, Medicaid, Medicare, Self-pay, sliding fee

A New Lease Counseling & Recovery

Wendy Parsons-Nuhn, LPCC-S, LSW, LICDC, SAP

419-668-9675

Www.newleasecounseling.com

85 Benedict Ave, Suite A, Norwalk, OH 44857

Services: Mental Health, Substance Abuse, Counseling

Fisher Titus Medical Center-Behavioral Health

419-668-8101

272 Benedict Ave., Norwalk, OH 44857

<https://www.fishertitus.org/>

Services: Adults, Youth, Counseling, Medication Management

Payment options: Most Insurances, Medicaid, Medicare

Lorain County

Riveon Mental Health and Recovery

440-233-7232

24/7 Crisis Hotline: 1-800-888-6161 & 24/7 Walk-In Behavioral Health Services

[Www.riveonhealth.org](http://www.riveonhealth.org)

6140 S. Broadway, Lorain, OH 44053

Services: Adults, Youth, Counseling, Psychiatry, Crisis Services, CPST, Sexual Assault Services, Residential

ClearVista Behavioral Health

440-960-7960

3364 Kolbe Rd., Lorain, OH 44052

<https://newvistahealth.com/location/inpatient-psychiatric-facilities/lorain/>

Services: Adults, Seniors, Behavioral Health Hospital

In-Patient: Mental Health Out-Patient: PHP, IOP

Payment options: Aetna, Medicare, Most insurance, Amerihealth, Anthem, Buckeye, Care Source, Humana, MHARS, Molina, United Healthcare, Wellcare, Ohio RISE

Let's Get Real

440-258-8498

1939 Oberlin Ave., Lorain, OH 44052

www.letsgetrealinc.org

Services: AOD Recovery, Education, and Support

Lucas County

Acorn Counseling LLC

(419) 893-8432

109 W Wayne St, Maumee, OH 43537

Services: Substance Abuse Counseling, Teletherapy

Payment Options: Medicaid, Private Insurance

Areka D. Foster, LPCC, ATR-BC

419-386-0051

116 East William St. Maumee, OH 43537

Services: All Ages, Art Therapy, Counseling, Family Counseling, Groups

Arrowhead Behavioral Health

(419) 891-9333

www.arrowheadbehavioral.com

1725 Timberline Rd, Maumee, OH 43537

Services: Adults, Mental Health, Substance Abuse, Suboxone Treatment, Inpatient, Outpatient, Psychiatric Hospital

Payment Options: Most Insurance, Medicare, Medicaid

Assurance Behavioral Health

419-548-0100

Fax: 419- 548-0100

Assurancehealthsystem.com/locations/Toledo-oh

4040 King Road, Sylvania, OH 43560

Services: Senior Inpatient Psychiatric Care

Mylo Jennings & Associates, LLC

419-691-8500

www.drmjennings.com

2737 Navarre Ave., Suite 205, Oregon, OH 43616

Services: Individual Counseling, Couples, AOD, Substance Abuse, PTSD

Payment Options: Medicaid, Medicare, Most Insurance

Attain Behavioral Health

844-316-7599

888-442-2323

3231 West Central Park West

Services: Adults, Drug and Alcohol Services, Mental Health, Teens, Families

Payment options: Most insurance and Medicaid

Benchmark Integrated Health

419-690-4544

3829 Woodley Rd, Suite B6 Toledo, OH 43606

Services: Children, Adults, Drug and Alcohol Services, Mental Health

Payment Options: Medicaid Only

Beyond Healthcare

419-309-3991

419-452-0212

3110 Central Ave, Toledo, OH 43606

Services: Adolescents only (11-17), Therapy, After-School, PHP programs, young adult IOP virtual, Medication management

Payment Options: Medicaid and all major private insurance

Bloom Women's Counseling, Consulting, and Wellness, LLC.

419-326-5732

112 E Dudley St, Maumee, OH 43537

www.bloomwomenscounseling.com

In-person & Telehealth

Services: Women, Teens, LGBTQ+, Mental Health, Trauma, Marital & Relationships, Life Transitions, Grief/Loss, Motherhood, Pregnancy/Postpartum, Post Abortion. EMDR, Brainspotting, DBT, CBT, ACT, Motivational Interviewing, Medication Management.

Payment Options: Most insurances, Medicaid, Sliding Scale

Comprehensive Behavioral Health Services

419-794-0567

2770 Centennial Road, Building 7, Toledo, OH 43617

Comprehensivebehavioralhealth.com

Services: Counseling, Psychiatric, Groups, Children, Teens, Adults, Treatment for Addiction

Core Wellness

419-343-7737

5800 Monroe St, Building H, Suite 2, Sylvania, OH 43560

Services: Children, Adults, Families, EMDR

Payment Options: Most Insurances, Medicare, Self-Pay, and some Medicaid

Elliot and Associates

419-885-1910

www.qualitytherapycenter.com

5600 Monroe St. #201a, Sylvania, OH 43560

Services: Children, Adults, Couples, Family, Counseling, Biofeedback, AOD, EEG, Neuro-therapy, Geriatric Issues

Payment Options: Most Insurance

Glass City Behavioral Healthcare

419-721-4432

1824 Glendale Ave, Toledo, OH 43614

Services: Children and Adolescents, and Adult programs

Payment Options: Medicaid

Harbor Mental Health (Urgent Care)

567-225-3969

3909 Woodley Rd, Toledo

Monday through Friday 10 to 6:00 PM

No appointment or referral needed

The Heart's Haven Center

567-246-9010

567-218-1552

3454 Oak Alley Ct Unit 304 & 305, Toledo, OH 43606

Services: Individual counseling for all ages, Couples Therapy, Family Therapy.

Payment options: Most insurances, Medicaid

Hope Christian Counseling Center

419-724-4233

Hopecounselingtoledo.com

900 W South Boundary St. Building 7B, Perrysburg, OH 43551

Services: Adults, Family, Couples, Depression, Anxiety, Grief and Loss, Trauma, PTSD, In-person and Telehealth

Payment Options: United Health Care, Front Path, Medicare, Paramount, Paramount Advantage, Elite, Medicare Mutual

Kobacher Center for Children and Adolescents

419-383-5695

The University of Toledo Medical Center 300 Arlington Ave., Toledo, OH 436124 (1400 E Medical Loop)

Services: Inpatient and Outpatient

Lawrence Sunflower Arts, Counseling & Education LLC

419-206-5367

3454 Oak Alley Court, Suite 410, Toledo, OH 43606

Services: Teens and Adults

Art Therapy, Counseling, Family Counseling, Groups

Mental Health Collaborative

419-504-5624

4041 W Sylvania Ave #202, Toledo, OH 43606

Services: Children, Adolescents, and Adult Individual Therapy, Couples Counseling, Psychiatry

Payment Options: Private insurance only, Paramount, Medical Mutual, United Healthcare, Aetna, Frontpath, and Benefit Plan Administrator Zepf Center

Mercy Toledo Trauma Recovery Center at St. Vincent Hospital

(419) 251-0707

for victims of crime and those with extensive trauma histories

2213 Cherry St, Unit 1C Toledo, OH 43608

Services: Children and Adults, Victims of Crime

Payment options: Often, services are free through a grant for victims of crime, Medicaid, or other insurance, as needed.

New Concepts

419-531-5544

Faith-based Services

111 South Byrne Rd, Toledo, OH 43615

Services: Adults, Adolescents, Drug and Alcohol Services, and Individual counseling.

Payment options: Medicaid and some insurances

Ohio Guidestone

419-720-9247

Faith-based services

1832 Adams Street, Toledo, OH 43604-4428

Services: Therapy for all ages, including early childhood, Drug and Alcohol Services, ACT Team.

Payment Options: Likely all insurances and Medicaid

Perspectives Counseling Services

(419) 897-5518

www.perspectivescounselingservices.com

2340 Detroit Ave # 003, Maumee, OH 43537

Services: Adults, Youth, Families, Couples, Mental Health, Substance Abuse, Outpatient, EMDR

Payment Options: Most Insurance, Self-Pay, EAPs

Safe Haven Behavioral Health

419-708-0441

5276 Southwyck Blvd, STE 115 Toledo, Ohio 43614

Safehavenbhs.org

Services: General therapy, equine therapy, Individual and Family, Day treatment for children 4-17 years old.

Payment options: Medicaid and self-pay

Sound Mind Behavioral Wellness

419-214-1766

5726 Southwick Blvd STE 200-B, Toledo, Ohio 43614

Services: Adults, Youth, Mental health service

Unison Health - Cherry Street

419-214-4673

1212 Cherry Street, Toledo, OH 43608

<https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations>**Unison Health - Starr Avenue**

419-214-4673

1425 Starr Avenue, Toledo, OH 43605

<https://www.unisonhealth.org/locations/toledo/starr-avenue/?back=locations>**Unison Health - Woodruff Avenue**

419-214-4673

544 East Woodruff Avenue, Toledo, OH 43604

<https://www.unisonhealth.org/locations/toledo/woodruff-avenue/?back=locations>**All locations:** In-person & Telehealth

Services: Adults, Seniors, Youth, Domestic Violence, Substance Use, Mental Health, Crisis Stabilization Unit, Outpatient, Group Therapy

Payment Options: Medicaid, Medicare, Insurance, Self-Pay

Open Access Hours: Monday - Thursday, 9AM- 2PM**Wildwood Counseling Services**

(419) 405-1000

3454 Oak Alley Ct, Suite 209 and 505, Toledo, OH 43606

Services: Therapy for ages 5+, Family therapy, Couples Therapy, ADHD Evaluations, Medication Management

Payment options: Anthem/Blue Cross Blue Shield, Paramount, Medical Mutual, Aetna, Cigna, Frontpath, and Most Medicaid

Zepf Center

419-841-7701

[Www.zepfcenter.org](http://www.zepfcenter.org)**Adult Services:**

905 Nebraska Ave., Toledo, OH 43607

2005 Ashland Ave., Toledo, OH 43620

508 Hawley St., Toledo, OH 43607

Adult and Youth Services: 6605 W Central Ave., Toledo, OH 43617**Children's Services:** 424 W. Woodruff Ave., Toledo, OH 43604

Services: Counseling, Psychiatry, Groups, SUD Treatment, Primary Care

Payment options: Medicaid and Medicare, Most Insurance

Ottawa County

Firelands Counseling and Recovery Services

419-734-2942

Www.Firelands.com

335 Buckeye Blvd., Port Clinton, OH 43452

Services: Children 6+, Adults, Therapy, AOD, Medication, Inpatient Care

Bayshore Counseling Services

419-734-5535

Bayshorecs.org

304 N Madison St., Port Clinton, OH 43452

Services: Children, Adults, Counseling, AOD, Support Groups, Parenting and Prevention

Co-Pilot Counseling LLC

419-707-3033

Www.copilotcounseling.com

164 W. Water St., Oak Harbor, Ohio 43449

Services: Children, Adults, Individual counseling, couples, AOD

Payment Options: Most Insurance

Wendy E. McCarthy, LISW

Offices in Ottawa and Knox Counties

Phone: (419) 967-3886

wendymccarthycounseling.com

Services: Virtual or In-Person Counseling

Insurance: Self-pay ONLY

Safe Haven Behavioral Health

419-708-0441

Safehavenbhs.org

122 W. Second St., Suite 100- Port Clinton, OH 43452

Services: Children, Adults, Counseling, Day Treatment (Children), Psychotherapy Groups, AOD, Case Management, School Based Services, Family Adventure Therapy, Equine Therapy

Payment options: Medicaid & Self-Pay

Two Locations

2106 East State Rd, Port Clinton, OH 43452

Service: PC Day Treatment for ages 4-17, Equine Therapy

Payment options: Medicaid & Self-Pay

Sandusky County

Firelands Counseling-Recovery

419-332-5524

675 Bartson Rd, Fremont, OH 43420

www.firelands.com

Services: Adults, Youth, Mental Health, Substance Abuse, Outpatient

Payment Options: Most Insurance, Sliding-Fee, Medicare, Medicaid, Self Pay

Lutheran Social Services

419-334-3431

www.lssnwo.org

512 E. State St., Fremont, OH 43420

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Group Therapy, Faith-Based

Payment Options: Sliding-Fee, Most Insurance, Medicaid

Promedica Behavioral Health

419-334-6619

710 Cleveland Ave., Fremont, OH 43420

Services: Adults, Youth, Families, Counseling, Medication Management

NOMS HealthCare Counseling

419-355-9440

1479 N. River Rd., Fremont, OH 43420

Services: Adults, Families, Couples, Counseling, Mental Health, Grief, Substance Abuse

Payment Options: Insurance, Medicaid, Medicare

Community Health Services

419-334-3869

2221 Hayes Ave., Fremont, OH 43420

Services: Youth, Adults, Mental Health, Primary Care, Dental

Payment Options: Medicaid, Medicare, Most Insurances, Sliding-Fee

Beacon Behavioral Health Services

567-201-2048

114 N. Wood St., Fremont, OH 43420

Services: Adults, Couples, Group Therapy, Substance Use, Mental Health, EMDR

Payment options: Commercial insurance and Medicaid

Monica Jay, LISW-S (Little Yellow House of Hope and Healing)

419-680-0937

littleyellowhouseofhopeandhealing.com

317 Birchard Ave, Fremont, OH 43420

Services: Youth, Adults, EMDR trained

Compass Behavioral Health

419-458-3100

915 Croghan St., Fremont, OH 43420

www.compassbehavioralcounseling.com

Services: Adults, Youth, Couples, Families, Telehealth, Play/Music Therapy

Payment options: Most insurances and Medicaid

Andrea Kauble, LISW

419-610-2491

200 Arch St., Fremont, OH 43420

Services: Youth(13+), Adults, Specializing in Trauma, PTSD, BPD, and Parenting

Healthy Minds Counseling

Michelle Rathfelder, MSM, LISW-S

419-603-4387

219 S. Front St. Suite 301, Fremont, OH 43420

Services: (Youth 5+), Adults, Veterans, Couples, EMDR trained, CBT trained

Payment options: Private insurance, Medicaid, Medicare, self-pay

- **Melissa Tester**

419-603-4387

Melissa.testers@thebeaconbhs.com

Services: Drug and Alcohol Abuse, Adults, Couples

Seneca County

Counseling Connections Center

(419) 447-8111

676 Miami St., Suite C, Tiffin, OH 44883

Website: www.ccctiffin.com

Email: tiffinconnect@gmail.com

Services: Children & Adult, Sessions for Anxiety, EAP, Grief, and Other in-person and telehealth

Payment options: Most insurances, NO Medicaid or Medicare

Firelands Counseling & Recovery Services

(419) 448-9440

Www.Firelands.com

76 Ashwood Dr., Tiffin, OH 44883

Services: Adults, Youth 9 +, Mental Health, Substance Abuse, Outpatient, Medication

Payment Options: Medicare, Medicaid, Most Insurance, Some Private Insurance

Lutheran Social Services

567- 220-6495

419-243-9178

Lssnwo.org

676 Miami St. Suite A, Tiffin, OH 44883

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith-based

Payment Options: Sliding-Fee, Most Insurance, Medicaid

New Transitions Counseling

(419) 448-4094

Www.newtransitions counseling.com

777 S Washington St., Tiffin, OH 44883

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Couples, Play Therapy

Payment Options: Private Insurance

Rigel Recovery Services

(567) 220-7018

Www.orianahouse.org

65 St. Francis Ave., Tiffin, OH 44883

Services: Adults, Family, Substance Abuse, Outpatient, Drug Court, Telehealth, Intervention Assessment

Payment Options: Medicaid, Sliding-Fee scale, Grant funds for Sandusky, Wyandot, and Seneca Co.

Serenity Christian Counseling

567-429-1000

125 S. Main St., Suite 305, Fostoria, OH 44830 www.serenitychristiancounseling.com

Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient, Faith-based, Medication & Case Management, Psychiatry therapy, PHP

Payment Options: Most Insurance, Sliding Fee, Medicaid, Medicare

Tiffin Psychiatric Center

419-447-0269

668 Miami St, Suite B, Tiffin, OH 44883

Services: Counseling

MK Counseling and Consulting

567-230-4703

www.mkcac.com

24 West Market St., Suite 3, Tiffin, OH 44883

Email: admin@mkcac.com

Services: Children and Adults

Pinnacle Psychological Services

419-455-6891

ppsnwo.com

662 Miami St., Tiffin, OH 44883

Services: Children, Adults, Families, Counseling, Court Evaluations

Payment Options: Medicaid, Medicare, Sliding Scale

Higher Ground Counseling Center

567-220-6055

highergroundcc.com

205 S. Washington St., Tiffin, OH 44883

Lea Frank, MA, LPCC-S, EMDR Trained Clinician

Email: 1frank@highergroundcc.com**Your Next Chapter**

419-969-3446

erinwolphlisw@gmail.com

22 West Market St., Suite C, Tiffin, OH 44883

Erin Wolph, MSW, LISW-SUPV

Services: Individuals, Couples, and Family, EMDR

Sojourn at Seneca Senior Behavioral Health Hospital

567-207-2230

50 St., Lawrence Dr., Tiffin, OH 44883

<https://www.sojournseneca.com/behavioral-health>

Services: Seniors' Emotional, Psychological, Physical & Medical, Inpatient

Payment option: Most insurance, Medicaid, and Medicare

Mercy Health Hospital

419-455-7000

45 St. Lawrence Dr., Tiffin, OH 44883

www.mercy.com/health-care-services/behavioral-mental-health

Services: Mental Health Evaluations at ER

Wood County

Ackerman-Spain Counseling

419-873-0891

ackermanspaincounseling.wordpress.com

975 Commerce Dr., Perrysburg, OH 43551

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient

Payment Options: Medicare, Medicaid, Most Insurance

Children's Resource Center

419-352-7588

www.crcwoodcounty.org

1045 Klotz Road, Bowling Green, OH 43402

Services: Children's Counseling and Psychiatry, Residential Treatment

Payment options: Medicare, Medicaid, Most Insurance

Fort Meigs Wellness

(419) 874-8257

975 Commerce Dr, Perrysburg, OH 43551

www.fortmeigswellness.com

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Yoga Groups

Payment Options: Most Insurance, Medicare, Medicaid, Self-Pay

Harbor Behavioral Health – Perrysburg (Two locations)

(419) 872-2419

www.harbor.org

800 Commerce Dr, Perrysburg, OH 43551

Harbor Behavioral Health – Bowling Green

419-352-5387

www.harbor.org

1010 North Prospect St., Bowling Green, Ohio 43420

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Suboxone Treatment, Outpatient

Payment Options: Insurance, Medicaid, Medicare, Self-Pay

The Heart's Haven Center

Billing- (567) 246-9010

Office- 567-218-1552

134 West South Boundary St Suite AA Perrysburg, OH 43551

www.theheartshavencounseling.com

Services: Individual counseling for all ages, Couples Therapy, Family Therapy,

Emotional Support Animal Assessments

Payment options: Most insurance, Medicaid

Person to Person Resources

419-874-3201

www.pprweb.net

836 W. South Boundary Street, Perrysburg, OH 43551

Services: Children, Adults, Families, Counseling, SUD Treatment, EMDR, Christian Counseling, Patient Advocacy

Joelle A. Floriana, Clinical Psychologist

419-704-5156

1011 Sandusky Street S. Perrysburg, OH 43551

Services: Children, Adults, Families, Counseling

Julia Burrow MD & Associates

419-931-3020

www.juliaburrowmd.com

830 W. South Boundary Street, Suite A, Perrysburg, OH 43551

Services: Counseling, Psychiatry, Groups, Children, Teens, Adults

Monarch Grief Center

567-331-8601

monarchgriefcenter.org

314 Louisiana Ave, Perrysburg, OH 43551

Services: Grief services only for individuals (Adults, Children, and Adolescents) and Families, In-person & Telehealth

Payment options: self-pay, most major private insurances, sliding fee

Moving Forward Counseling Services

- Dr. KJ Arndt 419-575-4969
- Angie Swonger 419-731-6121
- Cathryn Parke 419-601-4437

134 WS boundary suit J Perrysburg, OH 43551

movingforwardcounselingservices.com

Services: individuals, couples, families, children, and adolescents, nature-based counseling, marriage, Trauma and loss, depression and anxiety, women's issues, Christian counseling in person and telehealth

Payment options: self-pay and negotiable.

Premiere Counseling Services, LLC

(419) 482-8382

1070 Commerce Dr #101, Perrysburg, OH 43551

www.pcswellness.org

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient

Payment Options: Etna, BlueCross Blue Shield, Front Pass, Medical Mutual, Paramount, Medicaid if BlueCross Blue Shield, Buckeye Health Plan, etc.

Unison Health

419-352-4624

1084 South Main St., Suite A, Bowling Green, OH 43402

<https://www.unisonhealth.org/locations/bowling-green/south-main-street/>

In-person & Telehealth

Services: Adults, Seniors, Domestic Violence, Substance Use, Mental Health, Crisis Stabilization Unit, Outpatient, Group Therapy, Adult Case Management

Payment Options: Medicaid, Medicare, Insurance, Self-Pay

Open Access Hours: Monday - Friday**S.P.E.C.T.R.U.M Mental Health Care**

419-717-3191

115 Merry Ave., Bowling Green, OH 43402

<https://spectrummentalhealth.com/>

In-person & Telehealth Nurse Practitioner on site

Services: Children ages 12+, Adults, Seniors, Mental Health, Medication Management, Gender Identity, Divorce, Pregnancy & Parenting, Teen Issues, LGBTQ+ issues

Payment Options: Medicaid, OSU, Aetna, Anthem, Oxford, Cigna, CareSource, United Healthcare Community Plan, Medical Mutual, Sliding Fee, BWC, Oscar, Front Path

Ohio Guidestone

419-330-1349

885 Commerce Dr., Perrysburg, OH

<https://ohioguidestone.org/locations/northwest-ohio/wood/>

Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient, Medication Management, In-person & Telehealth, Walk-in Clinic

Payment Options: Medicare, Medicaid, Insurance, Sliding Fee

Wyandot County

Upper Sandusky Counseling

419-294-8570

www.upperpeaceandhealing.com

625 Sandusky Ave., Upper Sandusky, OH 43351

Services: Children, Adults, Families, Couples, ADHD Assessments

Payment Options: Most insurance, Medicaid, Medicare

Wyandot Counseling Associates

Barbara Williamson, LPCC

419-294-1212

102 S. Sandusky Ave., Upper Sandusky, OH 43351

Services: Children 5+, Adults, Families, Couples, Group Therapy, Substance Abuse Treatment

Payment Options: Most private insurance, Medicaid, Medicare

Other Ohio County Services for Youth

Windsor-Laurelwood Behavioral Health Center (Hospital)

Lake County

440-953-3000 or 800-438-4673

35900 Euclid Avenue, Willoughby, OH 44094

Open 24/7

Services: Youth (6-17), Adults, Seniors, Mental Health, AOD, Inpatient, Outpatient

Payment Options: Most insurance, Medicaid, Medicare

Akron Children's Hospital-Inpatient Psychiatry

Summit County

www.akronchildrens.org/departments/Inpatient-Psychiatry.html

330-543-1000

214 W. Bowery St., Akron, OH 44338

Services: Youth, Inpatient, Outpatient, Mental Health Treatment

Payment Options: Most insurance, Medicaid, Medicare

National Youth Advocate Program

National

Corporate Level

1-877-692-7226 Www.nyap.org

1801 Watermark Dr. Suite 200, Columbus, OH 43215

Local Contact

Nate Koenig- IIHS Family Services Coordinator

419-221-2821 Nkoenig@nyap.org

2895 Harding Highway suit D, Lima, OH 45804

Services: Youth Advocate Program

Payment Options: Most insurance, Medicaid, Medicare

Sun Behavioral Columbus (Hospital)

Franklin County

www.suncolumbus.com

614-953-5219

900 E. Dublin Grandville Rd., Columbus, OH 43229

Services: Youth, Adults, Seniors, Mental Health, AOD, Inpatient, Day Treatment, Telehealth Services

Nationwide-Big Lots Behavioral Health Services

Franklin County

614-355-8080 (Behavioral Unit)

614-722-2000 (Hospital)

444 Butterfly Gardens Dr., Columbus, OH 43215

Services: Youth, Inpatient, Outpatient, Mental Health Treatment

Payment Options: Most insurance, Medicaid, Medicare

Bluestone Child and Adolescent Psychiatric Hospital

Cuyahoga County

www.bluestone.org

216-200-5030

216-200-5120

2575 S. Belvoir Blvd., University Heights, OH 44118

Services: Youth (6-22), Inpatient Hospitalization