

## What is the NAMI In Our Own Voice Program?

NAMI In Our Own Voice is a unique informational outreach program developed by NAMI that changes attitudes, assumptions, and ideas about people with mental health conditions. These free presentations provide a personal perspective of mental health conditions, as people with lived experience talk openly about what it's like to have a mental health condition. The presentations consist of compelling and personal testimonials, a short video, and time for audience questions and discussion.

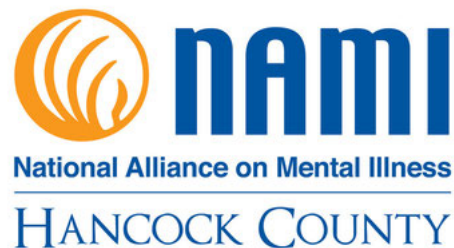


### Participant Perspectives

*“Several of the mental health staff stated that they saw recovery as a real option—for the first time ever.”*

*“Participating in the IOOV program is the single most effective thing I am doing to maintain my mental health.”*

**Our mission is improving the quality of lives by promoting mental health, eliminating stigma and providing support and education.**



Contact us to register for this  
NAMI program!

NAMI Hancock County  
306 N. Blanchard Street  
Findlay, Ohio 45840  
[www.namihancockcounty.org](http://www.namihancockcounty.org)  
567-525-3435

#### About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Hancock County is an affiliate of NAMI Ohio. NAMI Hancock County and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.