

# **Comprehensive Resource List**

NAMI Hancock County

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## **Bowling Green**

### **Children's Resource Center**

(419) 352-7588

1045 Klotz Rd., Bowling Green, OH 43402

*Services: Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicaid, Sliding Pay, Most Insurance*

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### **Family Services Counseling Center of NW Ohio**

(419) 352-4624

1084 S Main St. A, Bowling Green, OH 43402

*Services: Adult, Youth, Families, Mental Health, Substance Abuse, Suboxone Treatment, Outpatient*

*Payment Options: Medicare, Medicaid, Insurance*

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### **Harbor Wood County Mental Health Center**

(419) 352-5387

1010 N Prospect St., Bowling Green, OH 43402

[www.harbor.org/harbor-wood-county](http://www.harbor.org/harbor-wood-county)

*Services: Adult, Youth, Families, Mental Health, Substance Abuse, Suboxone Treatment, Outpatient*

*Payment Options: Medicare, Medicaid, Most Insurance*

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### **Lutheran Social Services**

(419) 352-0702

315 S College Dr, Bowling Green, OH 43402

[www.lssnwo.org](http://www.lssnwo.org)

*Services: Adult, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Sliding-Fee, Most Insurance, Medicaid*

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### **Mighty Oak Christian Counseling**

(419) 575-7910

141 E Court St., Bowling Green, OH 43402

[www.mightyoakcounseling.com](http://www.mightyoakcounseling.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Most Insurance*

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### **Perspectives Counseling Services**

(419) 353-8430

745 Haskins Rd. #D, Bowling Green, OH 43402

[www.perspectivescounselingservices.com](http://www.perspectivescounselingservices.com)

*Services: Adults, Youth, Families, Mental Health, Outpatient*

*Payment Options: Most Insurance, Self-Pay*

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### **Zepf Center**

(419) 373-6560

541 W. Wooster St., 3rd Floor, Bowling Green, Ohio 43402

[www.zepfcenter.org](http://www.zepfcenter.org)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Most Insurance*

## **Defiance**

### **David C. Deal, Ph.D. and Associates**

(419) 784-3393

1450 S Clinton St, Defiance, OH 43512

*Services: Adults, Youth (13+), Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Most Insurance*

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### **Harbor**

(419) 782-4196

6825 OH-66, Defiance, OH 43512

[www.harbor.org](http://www.harbor.org)

*Services: Adult, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Insurance, Medicaid, Medicare, Self-Pay*

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### **Lutheran Social Services**

(419) 267-5528

655 Wayne St., Defiance, OH 43512

[www.lssnwo.org](http://www.lssnwo.org)

*Services: Adult, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Sliding-Fee, Most Insurance, Medicaid*

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### **Turning Point Psychotherapy and Assessment**

(419) 782-2800

1125 Ralston Ave, Defiance, OH 43512

[www.turningpointdefiance.com](http://www.turningpointdefiance.com)

*Services: Adult, Youth, Families, Mental Health, Outpatient*

*Payment Options: Insurance*

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## **Findlay**

### **A Renewed Mind Behavioral Health**

1624 Tiffin Ave Suite D, Findlay, OH 45840

(419) 422-7800

[www.arenewedmindservices.org/findlay](http://www.arenewedmindservices.org/findlay)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Suboxone Treatment*

*Payment Options: Medicare, Medicaid, Private Insurance*

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### **Family Resource Center**

Carlin Campus – Children & Youth

1941 Carlin Street, Findlay, OH 45840

(419) 422-8616

[www.frcoho.com](http://www.frcoho.com)

*Services: Youth, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Insurance*

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### **Family Resource Center**

Hancock County South Campus – Adults

1918 North Main Street, Findlay, OH 45840

(419) 425-5050

[www.frcoho.com](http://www.frcoho.com)

*Services: Adults, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Insurance*

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### **FOCUS: Recovery and Wellness Community**

509 W. Trenton Ave, Findlay, OH 45840

(419) 423-5071

[www.focusrwc.org](http://www.focusrwc.org)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse*

*Payment Options: FREE*

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### **Fully Present Counseling**

#### **& Consultation Services, LLC**

200 W Sandusky St., Findlay, OH 45840

(419) 386-0056

[www.fullypresentcounseling.com](http://www.fullypresentcounseling.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Self-Pay*

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### **Lutheran Social Services**

1701 Tiffin Ave., Findlay, OH 45840

(419) 422-7917

[www.lssnwo.org](http://www.lssnwo.org)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Sliding-Fee, Most Insurance, Medicaid*

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### **Mind Body Health Associates**

200 W Lima Street, Findlay OH 45840

(567) 525-3311

[www.mindbodyhealthassociates.com](http://www.mindbodyhealthassociates.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Most Major Insurance, Ohio Medicare, Self-Pay (Flat Rate)*

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Findlay (cont.)

**Pathways Christian Counseling, Inc**

230 W Sandusky St, Findlay, OH 45840

*Services: Adults, Youth, Families, Mental Health, Outpatient, Faith based*

*Payment Options: Most Major Insurance, Ohio Medicare, Self-Pay (Flat Rate)*

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(419) 423-7812

[www.pathwayschristiancounseling.com](http://www.pathwayschristiancounseling.com)

**ProMedica Physicians Behavioral Health**

Jenna Kimmel, CNP

1100 East Main Cross Suite 159, Findlay, OH 45840

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Insurance, Medicaid, Medicare, Self-Pay*

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(419) 424-2011

[www.promedica.org](http://www.promedica.org)

**Psychiatric Center of NW Ohio**

Dr Bundy, DO

300 W Wallace Street Suite A1, Findlay, OH 45840

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Most Insurance*

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(419) 423-2996

[www.bvhealthsystem.org](http://www.bvhealthsystem.org)

**True North Therapy**

905 N Main Street, Findlay, OH 45840

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Insurance, Self-Pay*

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(567) 301-2037

[www.truenorthfindlay.com](http://www.truenorthfindlay.com)

**Stepping Stones Counseling Center**

206 W. Lima St. , Findlay, OH 45840

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Insurance, Self-Pay*

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(419) 422-7970

[www.steppingstonesfindlay.com](http://www.steppingstonesfindlay.com)

**Sophos Wellness Center**

**Dr Mary Goebel Komala**

500 N Main St, Findlay, OH 45840

*Services: Clinical Psychologist*

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(419) 424-3292

**Fostoria**

**Firelands Counseling & Recovery**

122 W Center St, Fostoria, OH 44830

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Most Insurance*

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(419) 435-0204

[www.firelands.com](http://www.firelands.com)

**Serenity Christian Counseling**

205 W Lytle St, Fostoria, OH 44830

[www.serenitychristiancounseling.com](http://www.serenitychristiancounseling.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Most Insurance, Sliding Fee, Medicaid*

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(567) 429-1000

**Fremont**

**Firelands Counseling-Recovery**

675 Bartson Rd, Fremont, OH 43420

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Most Insurance, Medicare, Medicaid*

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(419) 332-5524

[www.firelands.com](http://www.firelands.com)

**The Healing Center**

428 Croghan St, Fremont, OH 43420

*Services: Adult, Youth (14+), Families, Mental Health, Outpatient*

*Payment Options: Insurance, Medicaid, Medicare*

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(567) 455-7206

**The Healing Center Counseling and Consulting**

200 S Arch St, Fremont, OH 43420

*Services: Adult, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Most Insurance*

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(419) 680-6005

**Lutheran Social Services**

512 E State St, Fremont, OH 43420

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Sliding-Fee, Most Insurance, Medicaid*

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(419) 334-3431

[www.lssnwo.org](http://www.lssnwo.org)



## **Lima**

### **Behavioral Access Center at St. Rita's**

730 W Market St., Lima, OH 45801

(419) 996-5517

[www.ehealthconnection.com](http://www.ehealthconnection.com)

*Services: Mental Health, Substance Abuse, Inpatient, Outpatient, Psychiatric Hospital*

*Payment Options: Insurance, Medicare, Medicaid*

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### **Coleman Professional Services**

799 Main St., Lima, Ohio 45804

(419) 229-2222

[www.colemanservices.org](http://www.colemanservices.org)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Insurance and Medicaid*

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### **Creative Counseling Solutions LLC**

2653 W Elm St., Lima, OH 45805

(419) 222-5449

[www.creativecounselingsolutions.com](http://www.creativecounselingsolutions.com)

*Services: Adult, Youth, Mental Health, Outpatient*

*Payment Options: Most Insurance, Self-Pay*

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### **Family Resource Center of Northwest Ohio, Inc.**

530 S Main St., Lima, OH 45804

(419) 222-1168

[www.frcoho.com](http://www.frcoho.com)

*Services: Youth, Families, Mental Health, Outpatient*

*Payment Options: Most Insurance, Medicaid*

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### **Lighthouse Behavioral Health**

222 S West St., Lima, OH 45801

(419) 222-7180

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicaid, Self-Pay, Most Insurance*

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### **Lutheran Social Services**

658 W Market St #201B, Lima, OH 45801

(419) 879-6029

[www.lsnwo.org](http://www.lsnwo.org)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Sliding-Fee, Most Insurance, Medicaid*

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### **Practice of Clinical Psychology**

1000 W Market St., Lima, OH 45805

(419) 227-5515

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Most Insurance, Self-Pay*

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## **Maumee**

### **Acorn Counseling LLC**

(419) 893-8432

109 W Wayne St, Maumee, OH 43537

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Insurances, Medicare, Medicaid*

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### **Arrowhead Behavioral Health**

(419) 891-9333

1725 Timberline Rd, Maumee, OH 43537

[www.arrowheadbehavioral.com](http://www.arrowheadbehavioral.com)

*Services: Adults, Mental Health, Substance Abuse, Suboxone Treatment, Inpatient, Outpatient, Psychiatric Hospital*

*Payment Options: Most Insurance, Medicare, Medicaid*

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### **Perspectives Counseling Services**

(419) 897-5518

2340 Detroit Ave # C203, Maumee, OH 43537

[www.perspectivescounselingservices.com](http://www.perspectivescounselingservices.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Most Insurance, Self-Pay*

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## ***Perrysburg***

### **Ackerman-Spain Counseling**

(419) 873-0891

975 Commerce Dr, Perrysburg, OH 43551

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Most Insurance*

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### **Fort Meigs Wellness**

(419) 874-8257

975 Commerce Dr, Perrysburg, OH 43551

[www.fortmeigspsych.com](http://www.fortmeigspsych.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Most Insurance, Medicare, Medicaid*

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### **Perrysburg Counseling Services, LLC**

(419) 482-8382

1070 Commerce Dr #101, Perrysburg, OH 43551

[www.perrysburgcounseling.com](http://www.perrysburgcounseling.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options:*

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## **Tiffin**

### **Christian Counseling Center**

(419) 447-8111

300 Melmore St., Tiffin, OH 44883

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Insurance, Self-Pay*

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### **Family Counseling Services**

(419) 447-6855

481 W Perry St. #B, Tiffin, OH 44883

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Sliding-Scale*

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### **Firelands Counseling & Recovery Services**

(419) 448-9440

76 Ashwood Dr. Tiffin, OH 44883

[www.firelands.com](http://www.firelands.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Most Insurance*

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### **Lutheran Social Services**

(567) 220-6495

668 Miami St., Tiffin, OH 44883

[www.lssnwo.org](http://www.lssnwo.org)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Sliding-Fee, Most Insurance, Medicaid*

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### **New Transitions Counseling**

(419) 448-4094

777 S Washington St., Tiffin, OH 44883

[www.newtransitions counseling.com](http://www.newtransitions counseling.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Some Insurance*

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### **Rigel Recovery Services**

(567) 220-7018

65 St Francis Ave., Tiffin, OH 44883

[www.rigelrecovery.org](http://www.rigelrecovery.org)

*Services: Adults, Family, Substance Abuse, Outpatient*

*Payment Options: Medicaid*

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## **Toledo**

### **Good Company Christian Counseling & Life Coaching**

2475 Collingwood Blvd., Toledo, OH 43620

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith based*

*Payment Options: Insurance, Medicare, Medicaid*

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(419) 822-7319

[www.goodcompanycc.org](http://www.goodcompanycc.org)

### **Harbor**

4334 Secor Rd., Toledo, OH 43623

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Suboxone Treatment,*

*Outpatient Payment Options: Insurance, Medicaid, Medicare, Self-Pay*

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(419) 475-4449

[www.harbor.org](http://www.harbor.org)

### **Hope Counseling Center**

4041 W Sylvania Ave. # L002, Toledo, Oh 43623

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Some Insurance, Medicare*

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(419) 724-4233

[www.cindylivingston.net](http://www.cindylivingston.net)

### **Linking Families Therapy Group**

4651 N Summit St., Toledo, OH 43611

*Services: Adults, Youth, Family, Mental Health, Outpatient*

*Payment Options: Medicare, Medicaid, Most Insurance, Self-Pay*

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(419) 407-5100

[www.familylinkscounseling.com](http://www.familylinkscounseling.com)

### **Lutheran Social Services**

2149 Collingwood Blvd., Toledo, OH 43620

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Suboxone, Faith based*

*Outpatient Payment Options: Sliding-Fee, Most Insurance, Medicaid*

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(419) 243-9178

[www.lsnwo.org](http://www.lsnwo.org)

### **Marriage & Family Therapy Associates of Northwest Ohio**

3454 Oak Alley Ct. #305, Toledo, OH 43606

*Services: Adults, Youth, Families, Mental Health, Outpatient*

*Payment Options: Cash or Check*

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(419) 534-2468

[www.marriage-and-family-therapy.com](http://www.marriage-and-family-therapy.com)

### **Northwest Ohio Christian Counseling**

3148-A Central Ave., Toledo, OH 43606

*Services: Adults, Youth, Mental Health, Outpatient, Faith based*

*Payment Options: Few Insurances, Self-Pay*

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(419) 724-7427

[www.northwestohiochristiancounseling.com](http://www.northwestohiochristiancounseling.com)

Toledo (cont.)

**Perspectives Counseling Services**

(419) 897-5518

2340 Detroit Ave. #C203, Toledo, OH 43606 [www.perspectivescounselingservices.com](http://www.perspectivescounselingservices.com)

*Services: Adults, Youth, Families, Mental Health, Outpatient*

*Payment Options: Most Insurance, Self-Pay*

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**Psychological Resources**

(419) 475-2535

4841 Monroe St. #100, Toledo, OH 43623

[www.psychresources.com](http://www.psychresources.com)

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Most Insurance, Medicare*

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**Tomorrow Begins Today Consulting, LLC**

(419) 517-6564

4159 N Holland Sylvania Rd. Suite 205

[www.sylvaniatherapist.com](http://www.sylvaniatherapist.com)

Toledo, OH 43623

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient*

*Payment Options: Medicare, Medicaid, Insurance, Self-Pay*

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**The Willow Center**

(419) 720-5800

5565 Airport Hwy Suite 100, Toledo, OH 43615

[www.willow-center.com](http://www.willow-center.com)

*Services: Adults, Youth, Families, Mental Health, Outpatient*

*Payment Options: Most Insurance*

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**Zepf Center**

(419) 841-7701

[www.zepfcenter.org](http://www.zepfcenter.org)

Zepf Center – Ashland

2005 Ashland Ave., Toledo, OH 43620

Zepf Center – Corporate

6605 W Central Ave., Toledo, OH 43617

Zepf Center – Hawley

508 Hawley St., Toledo, OH 43607

Zepf Center - Health & Wellness Center

2272 Collingwood Blvd., Toledo, OH 43610

Zepf Center – Nebraska

905 Nebraska Ave., Toledo, OH 43607

Zepf Center – Woodruff

424 W Woodruff Ave., Toledo, OH 43604

*Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Suboxone*

*Payment Options: Medicare, Medicaid, Insurance*