



National Alliance on Mental Illness

NAMI

Family Support Group



"Before coming to the support group, we had never spoken about mental illness to neighbors, friends and often not even to our relatives."

**1st & 3rd
Tuesdays
6:30 - 8 PM**

All are welcome

What is NAMI Family Support Group?

NAMI Family Support Group is a free, confidential, and safe group of adult family members, partners, friends, and significant others of individuals living with mental health conditions. NAMI Family Support groups are led by trained facilitators who are also family members who know what it is like to have a loved one living with a mental health condition.

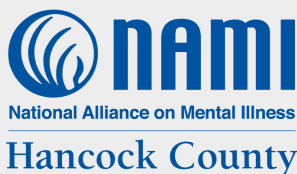


**Must be 18+ to attend.
No registration necessary.**

NEW!
1st & 3rd Monday
1 - 2:30 PM
For Caregivers of
school age children
In collaboration with:



Our mission is promoting mental health in Hancock County to build better lives through education, support, and advocacy.



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