

## What is the NAMI KidShop Program?

NAMI KidShop is a free, innovative, activity-based workshop for children in 2<sup>nd</sup> grade – 8<sup>th</sup> grade whose lives have been impacted by a mental health diagnosis. Children who have been diagnosed with a mental health condition and those who have a family member with a mental health condition are welcome to attend. The sessions will teach kids about mental health and coping skills, while helping them form friendships with other kids living with similar experiences in a safe and supportive atmosphere.



## Participant Perspectives

*“That is one of the greatest things about KidShop!  
– I know I am not alone in how I feel.”*

*“My brother is always going to be in my life...  
KidShop! has helped me a lot by teaching me  
better ways to deal with my brother.”*

This group meets every Thursday starting June 10<sup>th</sup> through July 29<sup>th</sup>, 10 am – 12 pm. To register, call (567) 525-3435, email [brittany@namihancockcounty.org](mailto:brittany@namihancockcounty.org), or visit our website.

**Our mission is promoting mental health in Hancock County to build better lives through education, support, and advocacy.**



Contact us to find out more about  
NAMI KidShop!

NAMI Hancock County  
306 N. Blanchard Street  
Findlay, Ohio 45840  
[www.namihancockcounty.org](http://www.namihancockcounty.org)  
567-525-3435

### About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Hancock County is an affiliate of NAMI Ohio. NAMI Hancock County and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.