# **COMPREHENSIVE RESOURCE LIST**

# **Table of Contents**

- Page 2: 24/7 Resources
- Page 3: Allen County
- **Page 4: Defiance County**
- Page 5: Erie County
- Page 6: Hancock County
- **Page 9: Huron County**
- Page 10: Lorain County
- Page 11: Lucas County
- Page 15: Ottawa County
- Page 16: Sandusky County
- Page 18: Seneca County
- Page 20: Wood County
- Page 23: Wyandot County
- Page 24: Other Youth Services

#### \*24/7 CRISIS RESOURCES\*

NATIONAL MENTAL HEALTH CRISIS LINE 988

The Ohio CareLine-Ohio 1-800-720-9616 Mental Health and Suicide Crisis Hotline \*Trained Behavioral Staff

Crisis Text Line-National 741741 Mental Health and Suicide Crisis Hotline \*Trained Crisis Counselors

NAMI National Call 1-800-950-6264 Chat: NAMI.org/help Text 62640 Email: <u>helpline@nami.org</u>

National Suicide Prevention Lifeline-National 1-800-273-8255 Suicide Crisis Hotline \*Trained Crisis Counselors

Veterans Crisis Line-National 1-800-273-8255 and Press 1 Suicide and Crisis Hotline \*Trained in Veterans Crisis Counseling

The Trevor Project Hotline-National 1-866-488-7386 LGBTQIA+ Mental Health and Suicide Hotline

\*\*Transportation Available to & from (Up to 200 Miles)\*\* Hickory Behavioral Network -

7 medicaid facilities in Indiana, Commercial Facility in Cambridge, Ohio Call 1-800-604-2117 For more information on transportation options

- Wide range of treatment options, from mental health to addiction services, etc

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# **Allen County**

# Behavioral Access Center at St. Rita's

419-996-5517 <u>Www.mercy.com</u> 770 W. High St. Suite 300, Lima, OH 45801 Services: Adults, Mental Health, Substance Abuse, Inpatient, Psychiatric Hospital Payment Options: Insurance, Medicare, Medicaid

## **Ohio Behavioral Healthcare**

419-222-7180 222. S. West St., Lima, OH 45801 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient Payment Options: Medicaid, Self-Pay, Most Insurance

### Lutheran Social Services

419-879-6029 <u>Www.lssnwo.org</u> 658 W. Market St. #201B, Lima, OH 45801 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith Based Payment Options: Sliding-Fee, Most Insurance, Medicaid

### **Coleman Health Services**

419-229-2222 <u>Www.Colemanservices.org</u> 799 S. Main St., Lima, OH 45804 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient Payment Options: Insurance and Medicaid

### Family Resource Center of Northwest Ohio, Inc.

419-222-1168 <u>Www.frcohio.com</u> 530 S. Main St., Lima, OH 45840 Services: Youth (5+), Adults, Families, Mental Health, Outpatient Payment Options: Most Insurance, Medicaid, Sliding-Fee

# **Creative Counseling Solutions LLC**

419-222-5449 <u>Www.creativecounselingservices.com</u> 2653 West Elm St., Lima, OH 45805 Services: Adults, Youth (6+), Families, Mental Health, Outpatient Payment Options: Most Insurance, Self-Pay, Medicare

# **Defiance County**

# David C. Deal, Ph.D and Associates

419-784-3393 1450 S. Clinton St., Defiance, OH 43512 Services: Adults, Mental Health, Substance Abuse, Outpatient, Teleheath ONLY Payment Options: Medicare, Most Insurance

## **Turning Point Psychotherapy and Assessment**

419-782-2800 Turningpointdefiance.com 618 Clinton St., Defiance, OH 43512 Services: Adults, By Appointment ONLY Payment Options: Medicare, Aetna, Allied

# **Erie County**

# **Firelands Counseling and Recovery**

419-621-5177 501 W. Perkins Ave., Sandusky, OH 44870 Services: Counseling, Psychiatry, AOD Services

### **NOMS Counseling Center**

419-624-1277 2500 W. Strub Rd. Suite 300, Sandusky, OH 44870 Services: Counseling, Psychiatry

### William "Bill" Myers

419-621-8551 501 W. Perkins Ave., Sandusky, OH 44870 Services: Counseling

### **Family Health Services**

419-502-2820 1912 Hayes Ave., Sandusky, OH 43420 Services: Youth, Adults, Medical and Behavioral Health

### Dr. SheaLynne Baus-Psychologist

419-602-3149 105 Wall St., Huron, OH 44839 Services: Adults, Youth, Families, Couples, Assessments, Psychological Testing, Therapy

### **Cold Creek Counseling**

419-737-4545 <u>Www.coldcreekcounseling.com</u> 130 Main St., Castalia, OH 44824 Services: Adults, Youth, Individual and Couples Counseling Payment Options: Medical Mutual, Aetna, Sliding-Fee

# Hancock County

#### **Family Resource Center**

419-422-8616 1941 Carlin Street, Findlay OH 45840 www.frcohio.com In-person & Telehealth Services: Children, Youth, Adults, Mental Health, Substance Use, Outpatient, Peer Support, Occupational Therapy, Case Managers, Nurses & Genoa Pharmacy on site Payment Options: Medicare, Medicaid, Insurance, Sliding Fee **Open Access Hours: Mon, Wed, Fri - 9:30-11:30 AM and Tue & Thu - 2:30-3:30 PM** 

### **FOCUS: Recovery and Wellness Community**

419-423-5071 509 W. Trenton Ave, Findlay OH 45840 www.focusrwc.org Free Services: Wellness Programs & Peer Support for Adults, Recovery Housing for Men, Women & Families, Mental Health, Substance Use, Trauma Comprehensive Opioid, Stimulant, and Substance Abuse Program (COSSAP)

### **Lutheran Social Services**

419-422-7917 1701 Tiffin Ave, Findlay OH 45840 (Inside St. John's Lutheran Church) www.lssnwo.org Open: Monday, Tuesday, Wednesday Food Pantry-Tuesdays-11-2pm In-person & Telehealth Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient, Faith based Payment Options: Insurance, Medicaid, Sliding-Fee, Self Pay

### **Mind Body Health Associates**

567-525-3311 124 W. Front St, Findlay OH 45840 www.minbodyhealthassociates.com In-person & Telehealth Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient, Payment Options: Medicare, Medicaid, Insurance, Self-Pay

#### Moving Forward Counseling Services

1655 Tiffin Ave, Findlay OH 45840

Dr. KJ Arndt 419-575-4969 Angie Swonger 419-731-6121 Cathryn Parke 419-601-4437

https://movingforwardcounselingservices.com/ In-person & Telehealth Services: Mental Health, Children, Teens, Nature-Based Counseling, Marriage, Relationships, Trauma, Loss, Women's Issues, Christian Counseling Payment Options: Self-Pay

# **Ohio Guidestone**

419-422-7800 1624 Tiffin Ave Suite D, Findlay, OH 45840 www.ohioguidestone.org/locations/northwest-ohio/hancock In-person & Telehealth Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient, Suboxone/Vivitrol/Sublocade treatments Payment Options: Medicare, Medicaid, Insurance, Sliding Fee

# **PATH Behavioral Healthcare**

567-525-4100 905 N Main St, Findlay, OH 45840 www.p<u>athihc.com/our-locations/behavioral-health-ohio/findlay/</u> In-person & Telehealth Services: Adults, Youth, Families, Mental Health, Substance Use, Psychiatric Support, Nursing, Case Management, Medication Management & Assessment Payment Options: Medicare (Only along with Medicaid Part A & B), Medicaid, Private Insurance, Sliding Fee

### Pathways Christian Counseling, Inc.

419-423-7812 230 West Sandusky St, Findlay OH 45840 www.pathwayschistiancounseling.com Open: Monday, Tuesday, Thursday In-person & Telehealth Services: Adults, Youth, Families, Mental Health, Outpatient, Faith based Payment Options: Medicare, Insurance, Self-pay

# **ProMedica Physicians Behavioral Health**

419-424-2011 1100 East Main Cross, Suite 159, Findlay OH 45840 www.promedica.org In-person & Telehealth Services: Adults, Mental Health, Outpatient Payment Options: Insurance, Medicare, Medicaid, Self-Pay (No Humana)

# Psychiatric Center of NW Ohio - Dr. Brad Bundy, DO; James Legge, CNP

419-429-6480 1610 Fostoria Ave, Findlay OH 45840 **Psychiatric Center of NW Ohio at The Family Center -** Dr. Nanveet Patti, Tracy Brubaker NP 1800 North Blanchard St, Findlay, OH 45840 www.bvhealthsystem.org In-person & Telehealth Services: Adults, Youth, Families, Mental Health, Outpatient, Group therapy with Robin Brown Payment Options: Insurance, Medicare, Medicaid

## Sophos Wellness Center

419-889-7807 Dr. Mary Goebel Komala, Clinical Psychologist 500 N Main St, Findlay OH 45840 Services: Adults, Families - In person only

### **Stepping Stones Counseling Center**

419-422-7970 206 W. Lima St, Findlay OH 45840 www.steppingstonesfindlay.com New clients – request appointment by email In-person & Telehealth Services: Adults, Youth, Families, Mental Health, Outpatient Payment Options: Medicare, Medicaid, Insurance, Self-pay

### **True North Therapy**

567-301-2037 1100 E. Main Cross St, Suite 155, Findlay OH 45840 Riverside Executive Building (faces the street) www.truenorthfindlay.comNew clients – submit online initial assessment Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient Payment Options: Insurance, Self-Pay, Medicaid (No Medicare)

### **Lutheran Social Services**

419-243-9178 1071 Tiffin Ave. Findlay, OH Website: lssnwo.org Services: Children and Adults

# **Huron County**

### **Family Life Counseling**

419-774-9969 130 Shady Lane, Norwalk, OH 44857 Services: Adults, Children, Counseling, Psychiatric, AOD

#### **Firelands Counseling and Recovery Services**

419-663-3737 <u>Www.Firelands.com</u> 292 Benedict Ave., Norwalk, OH 44857 Services: Adults, Children, Therapy, AOD, Medication Management

### Hope 419

419-951-2020 3 Stower Lane Suite 2, Norwalk, OH 44857 Services: Counseling, Medication Management

#### **Family Health Services**

419-219-9776 265 Benedict Ave., Norwalk, OH 44857 Services: Mental Health, Primary Care, Dental

#### A New Lease Counseling & Recovery

Wendy Parsons-Nuhn, LPCC-S, LSW, LICDC, SAP 419-668-9675 <u>Www.newleasecounseling.com</u> 85 Benedict Ave, Suite A, Nowalk, OH 44857 Services: Mental Health, Substance Abuse, Counseling

#### **Fisher Titus Medical Center-Behavioral Health**

419-668-8101 272 Benedict Ave., Norwalk, OH 44857 Services: Adults, Youth, Counseling, Medication Management

### Ken Murray

419-668-0311 282 Benedict Ave. Suite B, Norwalk, OH 44857 \*Part of Fisher Titus Behavioral Health Psychiatric Clinic\*

# **Lorain County**

## **The Nord Center**

440-233-7232 \*Crisis Hotline: 1-800-888-6161 <u>Www.nordcenter.org</u> 6140 S. Broadway, Lorain, OH 44053 Services: Adults, Youth, Counseling, Psychiatry, Crisis Services, CPST, Sexual Assault Services, Residential

# **ClearVista Behavioral Health**

440-960-7960 3364 Kobe Rd., Lorain, OH 44053 Services: Adults, Seniors, Behavioral Health Hospital

Let's Get Real 440-258-8498 1939 Oberlin Ave., Lorain, OH 44052 Services: AOD Recovery, Education, and Support

# Lucas County

### **Zepf Center**

419-841-7701 Www.zepfcenter.org Adult Services: 508 Hawley St. Children Services: 2272 Collingwood Blvd. Toledo, OH 43610 Services: Counseling, Psychiatry, Groups, SUD Treatment

### Kobacher Center for Children and Adolescents

The University of Toledo Medical Center 300 Arlington Ave. Toledo, OH 43614 www.utmc.utoledo.edu/depts/kobacker Services: Inpatient and Outpatient Inpatient Phone: 419-383-5472 Outpatient Phone: 419-383-5695

### **Comprehensive Behavioral Health Services**

419-794-0567 2770 Centennial Road, Building 7, Toledo, OH 43617 Comprehensivebehavioralhealth.com Services: Counseling, Psychiatric, Groups Children, Teens, Adults

### Lawrence Sunflower Arts, Counseling & Education LLC

419-206-5367 3454 Oak Alley Court Suite 410, Toledo, OH 43606 Services: Teens and Adults Art Therapy, Counseling, Family Counseling, Groups

#### **Core Wellness**

419-343-7737 5800 Monroe St Building H Suite 2 Sylvania, OH 43560 Services: Children, Adults, Families Payment Options: Most Insurances, Medicare, Self-Pay, NO MEDICAID

#### **Benchmark Integrated Health**

419-690-4544 3829 Woodley Rd, Suite B6 Toledo, OH 43606 Services: Children, Adults, Drug and Alcohol Services, Mental Health Payment Options: Medicaid Only

#### **Attain Behavioral Health**

844-316-7599 3231 West Central Park West Services: Adults, Drug and Alcohol Services, Mental Health, Teens, Families Payment options: Most insurance and Medicaid

Feb 2024

# **Glass City Behavioral Healthcare**

419-721-4432 1824 Glendale Ave Toledo, OH 43614 Services: Children and Adolescents Payment Options: Medicaid

# **Mental Health Collaborative**

419-504-5624 4041 W Sylvania Ave #202, Toledo, OH 43606 Services: Children, Adolescent, and Adult Individual Therapy, Couples Counseling, Psychiatry Payment Options: Private insurance only, Paramount, Medical Mutual, United Healthcare, Aetna, Frontpath, and Benefit Plan Administrator Zepf Center

## **Beyond Healthcare**

(419) 309-3991 3110 Central Ave, Toledo, OH 43606 Services: Adolescents only (11-17), Therapy, After-School, PHP programs Payment Options: Medicaid and all major private insurance

## Wildwood Counseling Services

(419) 405-1000 3454 Oak Alley Ct Suite 209 and 505 Toledo, OH 43606 Services: Therapy for ages 5+, Family therapy, Couples Therapy Payment options: Anthem/Blue Cross Blue Shield, Paramount, Medical Mutual, Aetna, Cigna, Frontpath, NO MEDICAID

### **Ohio Guidestone (Formerly A Renewed Mind)**

419-720-9247 \*Faith-based services\* 1832 Adams Street, Toledo, OH 43604-4428 Services: Therapy for all ages, including early childhood, Drug and Alcohol Services, ACT Team Payment Options: Likely all insurances and Medicaid

### **New Concepts**

419-531-5544 \*Faith-based Services\* 111 South Byrne Toledo, OH 43614 Services: Adults, Adolescents, Drug and Alcohol Services, Individual counseling Payment options: Medicaid and others

### Mercy Toledo Trauma Recovery Center at St. Vincent Hospital

(419) 251-0707
\*for victims of crime and those with extensive trauma histories\*
2213 Cherry St Unit 1C Toledo, OH 43608
Services: Children and Adults, Victims of Crime
Payment options: Often, services are free through a grant for victims of crime, Medicaid, or other insurance as needed.

12

Feb 2024

### The Heart's Haven Center

(567) 246-9010 3454 Oak Alley Ct Unit 304, Toledo, OH 43606 Services: Individual counseling for all ages, Couples Therapy, Family Therapy Payment options: Most insurances, Medicaid

### **Acorn Counseling LLC**

(419) 893-8432 109 W Wayne St, Maumee, OH 43537 Services: Substance Abuse Counseling Payment Options: Insurances, Medicare, Medicaid, Private Insurance

### **Arrowhead Behavioral Health**

(419) 891-9333 <u>Www.arrowheadbehavioral.com</u> 1725 Timberline Rd, Maumee, OH 43537 Services: Adults, Mental Health, Substance Abuse, Suboxone Treatment, Inpatient, Outpatient, Psychiatric Hospital Payment Options: Most Insurance, Medicare, Medicaid

### **Perspectives Counseling Services**

(419) 897-5518 www.perspectivescounselingservices.com 2340 Detroit Ave # 003, Maumee, OH 43537 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient Payment Options: Most Insurance, Self-Pay, EAPs

### Areka D. Foster, LPCC, ATR-BC

419-386-0051 116 East William St. Maumee, OH 43537 Services: All Ages, Art Therapy, Counseling, Family Counseling, Groups

### **Elliot and Associates**

419-885-1910 www.qualitytherapycenter.com 5600 Monroe St. #201a, Sylvania, OH 43560 Services: Children, Adults, Couples, Family, Counseling, Biofeedback, AOD, EEG, Neuro-therapy, Geriatric Issues

### Assurance Behavioral Health

419-548-0100 Fax: 419- 548-0101 Assurancehealthsystem.com/locations/Toledo-oh 4040 King Road, Sylvania, OH 43560

# Mylo Jennings & Associates, LLC

419-691-8500 www.drmjennings.com 2737 Navarre Ave., Suite 205, Oregon, OH 43616 Services: Individual Counseling, Couples, AOD

# **Hope Christian Counseling Center**

419-724-4233 Hopecounselingtoledo.com 4041 W. Sylvania Ave., Suite LL2, Toledo, OH 43623 Services: Adults, Family, Couples, Depression, Anxiety, Grief and Loss, Trauma, PTSD, In-person and Telehealth Payment Options: United Health Care, Front Path, Medicare, Paramount, Paramount Advantage, Elite, Medicare Mutual

# **Unison Health - Cherry Street**

419-214-4673 1212 Cherry Street, Toledo, OH 43608 https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations **Unison Health - Starr Avenue** 419-214-4673 1425 Starr Avenue, Toledo, OH 43605 https://www.unisonhealth.org/locations/toledo/starr-avenue/?back=locations **Unison Health - Woodruff Avenue** 419-214-4673 544 East Woodruff Avenue, Toledo, OH 43604 https://www.unisonhealth.org/locations/toledo/woodruff-avenue/?back=locations All locations: In-person & Telehealth Services: Adults, Seniors, Youth, Domestic Violence, Substance Use, Mental Health, Crisis Stabilization Unit, Outpatient, Group Therapy Payment Options: Medicaid, Medicare, Insurance, Self-Pay **Open Access Hours: Monday - Thursday, 9AM- 2PM** 

# **Ottawa County**

# **Firelands Counseling and Recovery Services**

419-734-2942 <u>Www.Firelands.com</u> 335 Buckeye Blvd., Port Clinton, OH 43452 Services: Children, Adults, Therapy, AOD, Medication

## **Bayshore Counseling Services**

419-734-5535 Bayshorecs.org 304 N Madison St., Port Clinton, OH 43452 Services: Children, Adults, Counseling, AOD, Support Groups, Parenting and Prevention

## **Co-Pilot Counseling LLC**

419-707-3033 <u>Www.copilotcounseling.com</u> 164 W. Water St., Oak Harbor, Ohio 43449 Services: Children, Adults, Individual counseling, couples, AOD

### Wendy E. McCarthy, LISW

Offices in Ottawa and Knox Counties Phone: (419) 967-3886 Website:wendymccarthycounseling.com Services: Virtual or In-Person Counseling Insurance: Self-pay ONLY

### Safe Haven Behavioral Health

419-708-0441 Safehavenbhs.org 122 W. Second st., Suite 100- Port Clinton, OH 43452 Services: Children, Adults, Counseling, Day Treatment (Children), Psychotherapy Groups, AOD, Case Management, School Based Services, Family Adventure Therapy Insurance: Medicaid & Self-Pay

# Sandusky County

### **Firelands Counseling-Recovery**

419-332-5524 <u>Www.Firelands.com</u> Services: Adults, Youth, Mental Health, Substance Abuse, Outpatient Payment Options: Most Insurance, Sliding-Fee, Medicare, Medicaid, Self Pay

## **The Healing Center**

567-455-7206 428 Croghan St., Fremont, OH 43420 Services: Adult, Youth (14+), Families, Mental Health, Outpatient Payment Options: Insurance, Medicaid, Medicare

### Lutheran Social Services

419-334-3431 <u>Www.lssnwo.org</u> 512 E. State St., Fremont, OH 43420 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Group Therapy, Faith Based Payment Options: Sliding-Fee, Most Insurance, Medicaid

### **Promedica Behavioral Health**

419-334-6619 710 Cleveland Ave., Fremont, OH 43420 Services: Adults, Youth, Families, Counseling, Medication Management

### NOMS HealthCare Counseling

419-355-9440 1479 N. River Rd., Fremont, OH 43420 Services: Adults, Families, Couple, Counseling, Mental Health, Grief Payment Options: Insurance, Medicaid, Medicare

### **Dori Dalton LISW-S**

567-455-7206 200 Arch St., Fremont, OH 43420 Services: EMDR trained

### **Community Health Services**

419-334-3869 2221 Hayes Ave., Fremont, OH 43420 Services: Youth, Adults, Mental Health, Primary Care, Dental Payment Options: Medicaid, Medicare, Most Insurances, Sliding-Fee

### **Beacon Behavioral Health Services**

567-201-2048 114 N. Wood St., Fremont, OH 43420 Services: Adults, Couples, Group Therapy, Substance Use, Mental Health **Monica Jay, LISW-S** 419-318-1982 409 S. Front St., Fremont, OH 43420 Services: Youth, Adults, EMDR trained

### **Compass Behavioral Health**

419-458-3100 <u>Www.compassbehavioralcounseling.com</u> Services: Adults, Youth, Couples, Families

### Joanna Konstantinos, LPCC, LCDC III

419-963-3319 200 Arch St., Fremont OH 43420 Services: Drug and Alcohol Abuse, Couples, Group Counseling

#### Andrea Kauble, LISW

419-610-2491 200 Arch St., Fremont, OH 43420 Services: Youth(13+), Adults

#### **Melissa Tester**

419-603-4387 <u>Melissa.tester@thebeaconbhs.com</u> Services: Drug and Alcohol Abuse, Adults, Couples

#### **Healthy Minds Counseling**

Michelle Rathfelder, MSM, LISW-S 567-280-5951 219 S. Front St. Suite 301, Fremont, OH 43420 Services: (Youth 12+), Adults, Veterans, Couples, EMDR trained, CBT trained

# Seneca County

# **Counseling Connections Center**

(419) 447-8111 676 Miami St., Suite C, Tiffin, OH 44883 Email: tiffinconnect@gmail.com Services: Children & Adults

### **Family Counseling Services**

(419) 447-6855 481 W Perry St. #B, Tiffin, OH 44883 Services: Adults, Youth, Families, Mental Health, Outpatient Payment Options: Sliding-Scale

### **Firelands Counseling & Recovery Services**

(419) 448-9440 <u>Www.Firelands.com</u> 76 Ashwood Dr., Tiffin, OH 44883 Services: Adults, Youth 9 +, Mental Health, Substance Abuse, Outpatient, Medication Payment Options: Medicare, Medicaid, Most Insurance, Some Private Insurance

### **Lutheran Social Services**

(567) 220-6495 Lssnwo.org 676 Miami St. Suite A, Tiffin, OH 44883 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient, Faith-based Payment Options: Sliding-Fee, Most Insurance, Medicaid

### **New Transitions Counseling**

(419) 448-4094 <u>Www.newtransitionscounseling.com</u> 777 S Washington St., Tiffin, OH 44883 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient Payment Options: Some Insurance

### **Rigel Recovery Services**

(567) 220-7018 Www.orianahouse.org 65 St. Francis Ave., Tiffin, OH 44883 Services: Adults, Family, Substance Abuse, Outpatient Payment Options: Medicaid, Sliding-Fee scale, Grant funds for Sandusky, Wyandot, and Seneca Co.

# **Serenity Christian Counseling**

567-429-1000 125 S. Main St., Suite 305, Fostoria, OH 44830 www.serenitychristiancounseling.com Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient, Faith based Payment Options: Most Insurance, Sliding Fee, Medicaid

Feb 2024

## **Tiffin Psychiatric Center**

419-447-0269 Fax: 419-447-0285 Jatinder Rana, MD 455 W. Market St., Tiffin, OH 44883

### **MK Counseling and Consulting**

567-230-4703 Www.mkcac.com 24 West Market St., Suite 3, Tiffin, OH 44883 Email: admin@mkcac.con Services: Children and Adults

#### Rachel Hummel-Sass, PsyD

419-455-6891 200 St. Francis Ave., Tiffin, OH 44883 Services: Children, Adults, Families Payment Options: Sliding Scale

### **Higher Ground Counseling Center**

Lea Frank, MA, LPCC-S Email: 1frank@highergroundcc.com 567-220-6055 205 S. Washington St., Tiffin, OH 44883 EMDR Trained Clinician

#### Your Next Chapter

Erin Wolph, MSW, LISW-SUPV 419-969-3446 22 West Market St., Suite C, Tiffin, OH 44883 Services: Individuals, Couples and Family, EMDR

#### Sojourn at Seneca Senior Behavioral Health Hospital

www.voans.org/locations/sojourn-at-seneca/ Phone: 567-207-2230 Fax: 567-207-2243 50 St., Lawrence Dr. Tiffin, OH 44883 Services: Seniors' Emotional, Psychological, Physical & Medical

#### **Mercy Health Hospital**

419-455-7000 <u>www.mercy.com/health-care-services/behavioral-mental-health</u> 45 St. Lawrence Dr., Tiffin, OH 44883 Services: Mental Health Evaluations at ER

# Wood County

# **Ackerman-Spain Counseling**

419-873-0897 75 Commerce Dr., Perrysburg, OH 43551 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient Payment Options: Medicare, Medicaid, Most Insurance

### **Children's Resource Center**

419-352-7588 1045 Klotz Road, Bowling Green, OH 43402 Services: Children's Counseling and Psychiatry, Residential Treatment

#### **Fort Meigs Wellness**

(419) 874-8257 975 Commerce Dr, Perrysburg, OH 43551 www.fortmeigspsych.com Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient Payment Options: Most Insurance, Medicare, Medicaid, Self-Pay

# Harbor Behavioral Health - Perrysburg (Two locations)

(419) 872-2419
800 Commerce Dr, Perrysburg, OH 43551
www.harbor.org
Harbor Behavioral Health - Bowling Green
419-352-5387
1010 North Prospect St., Bowling Green, Ohio 43420
www.harbor.org
Services: Adults, Youth, Families, Mental Health, Substance Abuse, Suboxone Treatment, Outpatient Payment Options: Insurance, Medicaid, Medicare, Self-Pay

#### The Heart's Haven Center

(567) 246-9010 134 West South Boundary St Suite AA Perrysburg, OH 43551 https://www.theheartshavencounseling.com Services: Individual counseling for all ages, Couples Therapy, Family Therapy Payment options: Most insurance, Medicaid

### **Person to Person Resources**

419-874-3201 836 W. South Boundary Street, Perrysburg, OH 43551 Services: Children, Adults, Families, Counseling, SUD Treatment, EMDR

## Joelle A. Floriana, Clinical Psychologist

419-704-5156 1011 Sandusky Street S. Perrysburg, OH 43551 Services: Children, Adults, Families, Counseling

### Julia Burrow MD & Associates

419-931-3020 830 W. South Boundary Street, Suite A Perrysburg, OH 43551 Services: Counseling, Psychiatry, Groups, Children, Teens, Adults

## **Monarch Grief Center**

(567) 331-8601 314 Louisiana Ave Perrysburg, OH 43551 Services: Grief services only for individuals (Adults, Children, and Adolescents) and Families Payment: Currently self-pay but will soon accept most major private insurances

## Perrysburg Counseling Services, LLC

(419) 482-8382 1070 Commerce Dr #101, Perrysburg, OH 43551 www.perrysburgcounseling.com Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient Payment Options: Etna, BlueCross Blue Shield, Front Pass, Medical Mutual, Paramount, Medicaid if BlueCross Blue Shield, Buckeye Health Plan, etc.

### **Perspectives Counseling Services**

419-353-8430 www.perspectivescounselingservices.com 745 Haskins Road, Suite D, Bowling Green, OH 43402 Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient Payment Options: Most Insurance, Self-Pay, EAPs

# **Unison Health**

419-352-4624 1084 South Main St., Suite A, Bowling Green, OH 43402 https://www.unisonhealth.org/locations/bowling-green/south-main-street/ In-person & Telehealth Services: Adults, Seniors, Domestic Violence, Substance Use, Mental Health, Crisis Stabilization Unit, Outpatient, Group Therapy Payment Options: Medicaid, Medicare, Insurance, Self-Pay **Open Access Hours: Monday - Thursday, 9AM- 2PM** 

# S.P.E.C.T.R.U.M Mental Health Care

419-717-3191 315 N. Main St., Bowling Green OH 43402 https://spectrummentalhealth.com/ In-person & Telehealth Nurse Practitioner on site Services: Children ages 12+, Adults, Seniors, Mental Health, Medication Management, Gender Identity, Divorce, Pregnancy & Parenting, Teen Issues, LGBTQ+ issues Payment Options: Medicaid, OSU, Aetna, Anthem, Oxford, Cigna, CareSource, United Healthcare Community Plan, Medical Mutual, Sliding Fee

### **Ohio Guidestone**

419-330-1349 885 Commerce Dr., Perrysburg, OH <u>https://ohioguidestone.org/locations/northwest-ohio/wood/</u> In person & Telehealth Services: Adults, Youth, Families, Mental Health, Substance Use, Outpatient Payment Options: Medicare, Medicaid, Insurance, Sliding Fee

# Wyandot County

## Harbor

419-731-0720 97 Houpt Dr., Upper Sandusky, OH 43351 Services: Accepting new patients, Harbor serves youth, adults, seniors, and families.

# Upper Sandusky Counseling and Life Coaching

419-294-8570 117 W. Wyandot Ave., Upper Sandusky, OH 43351 Services: Children, Adults, Families, Couples

## Wyandot Counseling Associates

Barbara Williamson, LPCC 419-294-1212 102 S. Sandusky Ave., Upper Sandusky, OH 43351

# **Other Ohio County Services for Youth**

## Windsor-Laurelwood Behavioral Health Center (Hospital)

\*Lake County\* 440-953-3000 or 800-438-4673 35900 Euclid Avenue, Willoughby, OH 44094 Services: Youth (6-18), Adults, Seniors, Mental Health, AOD, Inpatient, Outpatient

### Akron Children's Hospital-Inpatient Psychiatry

\*Summit County\* 330-543-1000 214 W. Bowery St., Akron, OH 44338 Services: Youth, Inpatient, Outpatient, Mental Health Treatment

### National Youth Advocate Program

\*National\* \*Corporate Level\* 1-877-992-7226 <u>Www.nyap.org</u> 1801 Watermark Dr. Suite 200, Columbus, OH 43215 Services: Youth, Families, Mental Health Services, Home-Based Services, Family Preservation, Adoption and Foster Care Services, School Based Services

\*Local Contact\* Nate Koenig- IIHS Family Services Coordinator 419-221-2821 <u>Nkoenig@nyap.org</u> 2727 Harding Highway, Lima, OH 45804

### Sun Behavioral Columbus (Hospital)

\*Franklin County\* 614-350-6677 900 E. Dublin Rd., Columbus, OH 43229 Services: Youth, Adults, Seniors, Mental Health, AOD, Inpatient, Day Treatment, Telehealth Services

### Nationwide-Big Lots Behavioral Health Services

\*Franklin County\* 614-355-8080 (Behavioral Unit) 614-722-2000 (Hospital) 700 Children's Dr., Columbus, OH 43205 Services: Youth, Inpatient, Outpatient, Mental Health Treatment

### **Bluestone Child and Adolescent Psychiatric Hospital**

\*Cuyahoga County\* 216-200-5030 2575 S. Belvoir Blvd., University Heights, OH 44118 Services: Youth (6-22), Inpatient Hospitalization