

Lucas County

Zepf Center

419-841-7701

Www.zepfcenter.org

Adult Services: 508 Hawley St.

Children Services: 2272 Collingwood Blvd.

Toledo, OH 43610

Services: Counseling, Psychiatry, Groups, SUD Treatment

Kobacher Center for Children and Adolescents

The University of Toledo Medical Center

300 Arlington Ave. Toledo, OH 43614

www.utmc.utoledo.edu/depts/kobacker

Services: Inpatient and Outpatient

Inpatient Phone: 419-383-5472

Outpatient Phone: 419-383-5695

Comprehensive Behavioral Health Services

419-794-0567

2770 Centennial Road, Building 7, Toledo, OH 43617

Comprehensivebehavioralhealth.com

Services: Counseling, Psychiatric, Groups

Children, Teens, Adults

Lawrence Sunflower Arts, Counseling & Education LLC

419-206-5367

3454 Oak Alley Court Suite 410, Toledo, OH 43606

Services: Teens and Adults

Art Therapy, Counseling, Family Counseling, Groups

Core Wellness

419-343-7737

5800 Monroe St Building H Suite 2 Sylvania, OH 43560

Services: Children, Adults, Families

Payment Options: Most Insurances, Medicare, Self-Pay, NO MEDICAID

Benchmark Integrated Health

419-690-4544

3829 Woodley Rd, Suite B6 Toledo, OH 43606

Services: Children, Adults, Drug and Alcohol Services, Mental Health

Payment Options: Medicaid Only

Attain Behavioral Health

844-316-7599

3231 West Central Park West

Services: Adults, Drug and Alcohol Services, Mental Health, Teens, Families

Payment options: Most insurance and Medicaid

Glass City Behavioral Healthcare

419-721-4432

1824 Glendale Ave Toledo, OH 43614

Services: Children and Adolescents

Payment Options: Medicaid

Mental Health Collaborative

419-504-5624

4041 W Sylvania Ave #202, Toledo, OH 43606

Services: Children, Adolescent, and Adult Individual Therapy, Couples Counseling, Psychiatry

Payment Options: Private insurance only, Paramount, Medical Mutual, United Healthcare, Aetna, Frontpath, and Benefit Plan Administrator Zepf Center

Beyond Healthcare

(419) 309-3991

3110 Central Ave, Toledo, OH 43606

Services: Adolescents only (11-17), Therapy, After-School, PHP programs

Payment Options: Medicaid and all major private insurance

Wildwood Counseling Services

(419) 405-1000

3454 Oak Alley Ct Suite 209 and 505 Toledo, OH 43606

Services: Therapy for ages 5+, Family therapy, Couples Therapy

Payment options: Anthem/Blue Cross Blue Shield, Paramount, Medical Mutual, Aetna, Cigna, Frontpath, NO MEDICAID

Ohio Guidestone (Formerly A Renewed Mind)

419-720-9247

Faith-based services

1832 Adams Street, Toledo, OH 43604-4428

Services: Therapy for all ages, including early childhood, Drug and Alcohol Services, ACT Team

Payment Options: Likely all insurances and Medicaid

New Concepts

419-531-5544

Faith-based Services

111 South Byrne Toledo, OH 43614

Services: Adults, Adolescents, Drug and Alcohol Services, Individual counseling

Payment options: Medicaid and others

Mercy Toledo Trauma Recovery Center at St. Vincent Hospital

(419) 251-0707

for victims of crime and those with extensive trauma histories

2213 Cherry St Unit 1C Toledo, OH 43608

Services: Children and Adults, Victims of Crime

Payment options: Often, services are free through a grant for victims of crime, Medicaid, or other insurance as needed.

The Heart's Haven Center

(567) 246-9010

3454 Oak Alley Ct Unit 304, Toledo, OH 43606

Services: Individual counseling for all ages, Couples Therapy, Family Therapy

Payment options: Most insurances, Medicaid

Acorn Counseling LLC

(419) 893-8432

109 W Wayne St, Maumee, OH 43537

Services: Substance Abuse Counseling

Payment Options: Insurances, Medicare, Medicaid, Private Insurance

Arrowhead Behavioral Health

(419) 891-9333

www.arrowheadbehavioral.com

1725 Timberline Rd, Maumee, OH 43537

Services: Adults, Mental Health, Substance Abuse, Suboxone Treatment, Inpatient, Outpatient, Psychiatric Hospital

Payment Options: Most Insurance, Medicare, Medicaid

Perspectives Counseling Services

(419) 897-5518

www.perspectivescounselingservices.com

2340 Detroit Ave # 003, Maumee, OH 43537

Services: Adults, Youth, Families, Mental Health, Substance Abuse, Outpatient

Payment Options: Most Insurance, Self-Pay, EAPs

Areka D. Foster, LPCC, ATR-BC

419-386-0051

116 East William St. Maumee, OH 43537

Services: All Ages, Art Therapy, Counseling, Family Counseling, Groups

Elliot and Associates

419-885-1910

www.qualitytherapycenter.com

5600 Monroe St. #201a, Sylvania, OH 43560

Services: Children, Adults, Couples, Family, Counseling, Biofeedback, AOD, EEG, Neuro-therapy, Geriatric Issues

Assurance Behavioral Health

419-548-0100

Fax: 419- 548-0101

Assurancehealthsystem.com/locations/Toledo-oh

4040 King Road, Sylvania, OH 43560

Mylo Jennings & Associates, LLC

419-691-8500

www.drmjennings.com

2737 Navarre Ave., Suite 205, Oregon, OH 43616

Services: Individual Counseling, Couples, AOD

Hope Christian Counseling Center

419-724-4233

Hopecounselingtoledo.com

4041 W. Sylvania Ave., Suite LL2, Toledo, OH 43623

Services: Adults, Family, Couples, Depression, Anxiety, Grief and Loss, Trauma, PTSD, In-person and Telehealth

Payment Options: United Health Care, Front Path, Medicare, Paramount, Paramount Advantage, Elite, Medicare Mutual

Unison Health - Cherry Street

419-214-4673

1212 Cherry Street, Toledo, OH 43608

<https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations>**Unison Health - Starr Avenue**

419-214-4673

1425 Starr Avenue, Toledo, OH 43605

<https://www.unisonhealth.org/locations/toledo/starr-avenue/?back=locations>**Unison Health - Woodruff Avenue**

419-214-4673

544 East Woodruff Avenue, Toledo, OH 43604

<https://www.unisonhealth.org/locations/toledo/woodruff-avenue/?back=locations>**All locations:** In-person & Telehealth

Services: Adults, Seniors, Youth, Domestic Violence, Substance Use, Mental Health, Crisis Stabilization Unit, Outpatient, Group Therapy

Payment Options: Medicaid, Medicare, Insurance, Self-Pay

Open Access Hours: Monday - Thursday, 9AM- 2PM